

I would like to respectfully acknowledge that we are located on Treaty 6 territory, a traditional gathering place for diverse Indigenous peoples whose histories, languages, and cultures continue to influence our vibrant community.

## Disclosures/Disclaimers

- No disclosures
- But the information, opinions and views presented in this webinar reflect my views and not of any of my affiliated organizations
- Since I work in Edmonton/Alberta, much of what I will share is from Alberta

WARNING: SOME GRAPHIC CLINICAL PHOTOGRAPHS INCLUDED

# Objectives

1. To describe the epidemiology of infectious syphilis in Canada

2. To discuss some reasons for the observed rise in syphilis cases

3. To present some possible solutions to the observed rise in cases

"If I were asked which is the most destructive of all diseases, I should unhesitatingly reply, it is that which for some years has been raging with impunity. . . . What contagion does thus invade the whole body, so much resist medical art, becomes inoculated so readily, and so cruelly tortures the patient?"

Desiderius Erasmus, 1520



Portrait of Erasmus of Rotterdam, National Gallery, London

# Question 1

Which of the following STIs has the *highest* reported incidence in Canada:

- A. Chlamydia
- B. Gonorrhea
- C. Genital herpes
- D. Genital warts
- E. Syphilis

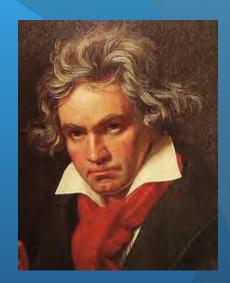
# Syphilis has been around forever...Famous syphilitics



Genius to madness: Famous (probable) syphilitics James Joyce, Idi Amin, Al Capone and Lenin.

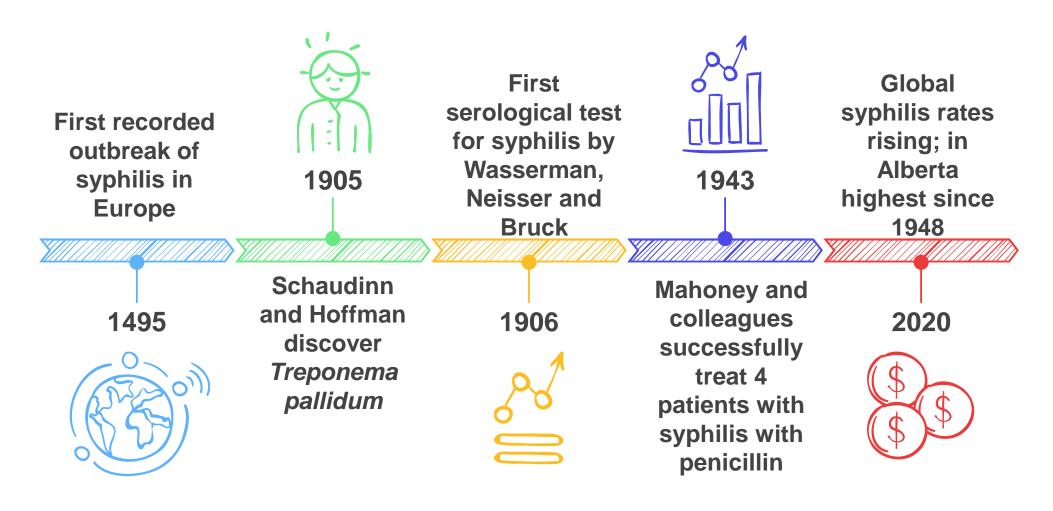


**Christopher Columbus** 



Ludwig van Beethoven

# Important events in the history of syphilis



# Syphilis Etiology

- Treponema pallidum subsp. pallidum
- Spirochete
- Identical morphology, antigenic properties and DNA homology to *T. pallidum* subsp. pertenue (yaws), subsp. endemicum (endemic syphilis) and *T. carateum* (pinta)



http://www.cdc.gov/std/training/clinicalslides/slides-dl.htm

# Syphilis - Diagnosis/Staging

- HISTORY
  - Symptoms
  - Epidemiologic exposure
  - Risk groups
- CLINICAL MANIFESTATIONS (e.g. lesions, rash)
- SYPHILIS PCR (chancre, condyloma lata/mucus patches)
- SYPHILIS SEROLOGY

# Serology: mainstay of testing for syphilis



Wasserman reaction: first non treponemal test for syphilis reported in 1906: used antigen refined from the liver extracts if neonates who had died from congenital syphilis

# Syphilis lab tests - interpretation

- The EIA (treponemal test) = SCREENING TEST
  - arise during the primary stage
  - persist in most cases for the life of the patient.
- RPR (non-treponemal test) titre tends to parallel disease activity
  - useful indicator of response to therapy by observing a fall in titres over time.
  - to detect re-infection
  - or treatment failure by observation of rising titres.

TPPA (treponemal test) = SUPPLEMENTAL/CONFIRMATORY TEST



# ...the Product of Choice is PENICILLIN

"Penicillin alone far surpasses any previously used antisyphilitic remedy when appraised from the therapeutic, economic, technical, toxicity rate, or prophylactic aspects. And most important, its high index of therapeutic accomplishments is enhanced by the simplicity of administration and its availability."

Cortis, A.C., Klichen, D.K., O'Leary, P.A., Ratiner, H., Rein, C.R., Schoch, A.G., Shaffer, L.W., and Wile, U.J.: Penkellin Treatment of Syphilis, J. A. M. A. 145: 1223-1226, April 21, 1951.

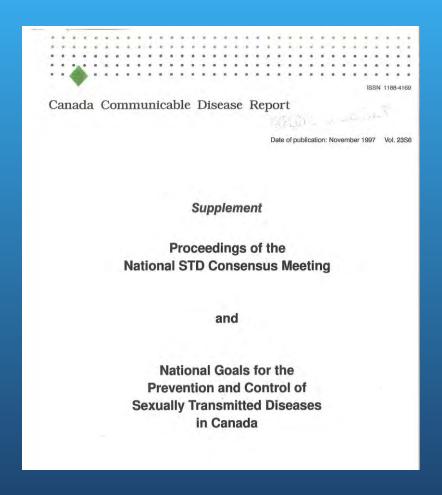
#### Merck Penicillin Products

A complete line of soluble and repository Penicillin Products is available under the Merck Label

- Long-acting benzathine penicillin achieves detectable serum levels of penicillin for 2-4 weeks in non-pregnant adults
- No resistance reported to penicillin
- Alternates: doxycycline, ceftriaxone

Penicillin remains the recommended treatment for syphilis

## 1998 in Canada



### Canada set two goals:

- 1) To eliminate infectious syphilis by maintaining the rate at no more than 0.5 per 100,000 population
  - 2) Prevent all cases of endemic congenital cases

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#### SYMPOSIUM

Heterosexual outbreak of infectious syphilis: epidemiological and ethnographic analysis and implications for control

D M Patrick, M L Rekart, A Jolly, S Mak, M Tyndall, J Maginley, E Wong, T Wong, H Jones, C Montgomery, R C Brunham

Sex Transm Infect 2002;78(Suppl I):i164-i169

The following year (1997) Vancouver announced a largely heterosexual outbreak of syphilis with B.C's cases of infectious syphilis rising from 0.5 to 3.4 per 100,000 by 1999.

Sex Transm Intect: first published as

#### PRACTICE

#### PUBLIC HEALTH

#### Resurgence of early congenital syphilis in Alberta

In Alberta, the first case of congenital syphilis in over 10 years was reported in 2002. This was after a resurgence in the province in 2000 of locally acquired infectious syphilis, in many cases affecting people who reported casual or anonymous sexual partnering.

In 1996, Canada set a goal to maintain the rate of infectious syphilis at no has involved mostly heterosexual people, but in the south, it affects mainly men who have sex with men.

Syphilis serology is routinely performed for all pregnant women who obtain antenatal care in Alberta. In 2006, 50 of 55 723 prenatal tests were reactive by rapid plasma reagin, with 12 confirmed infectious and 18 confirmed noninfectious cases after individual case review (20 cases were previously treated or false positive). During 2005 and 2006, a total of 9 babies were born in Alberta with congenital syphilis; the neonatal and maternal characteristics in these cases are outlined in Table 1 and Table 2. Six of the 0 mothers were

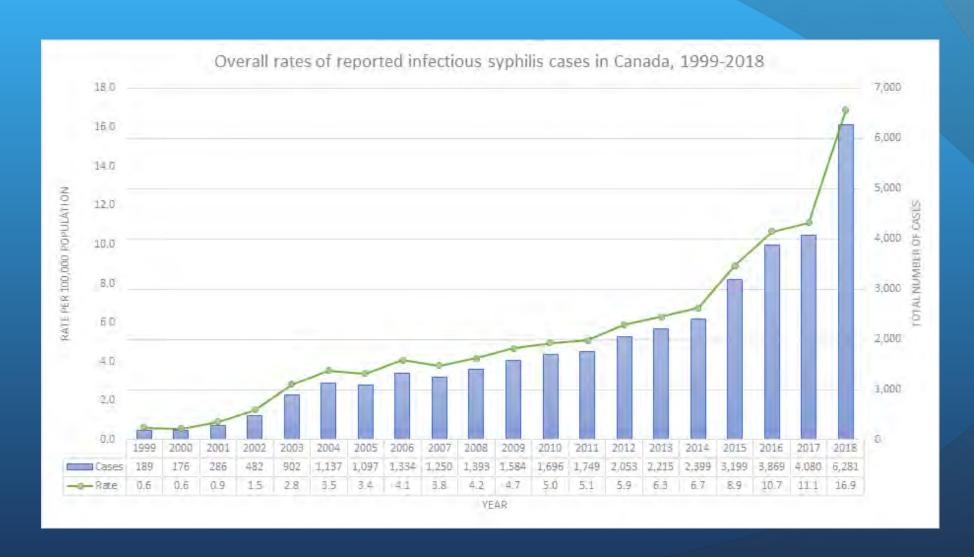
In the remaining 4 cases, the mothers tested negative earlier in the pregnancy but acquired the infection later. Although 2 of these mothers had the classic genital ulcers of primary syphilis within 1 month before delivery, syphilis had not initially been considered as the cause. One mother had begun antiviral therapy for an incorrect diagnosis of genital herpes and underwent an elective cesarean section.

One baby, born late in 2006, was brought to hospital at 3 months of age with severe desquamating skin rash, massive hepatosplenomegaly, hyponatremia and anemia. Earlier in the pregnancy, the mother's syphilis serology

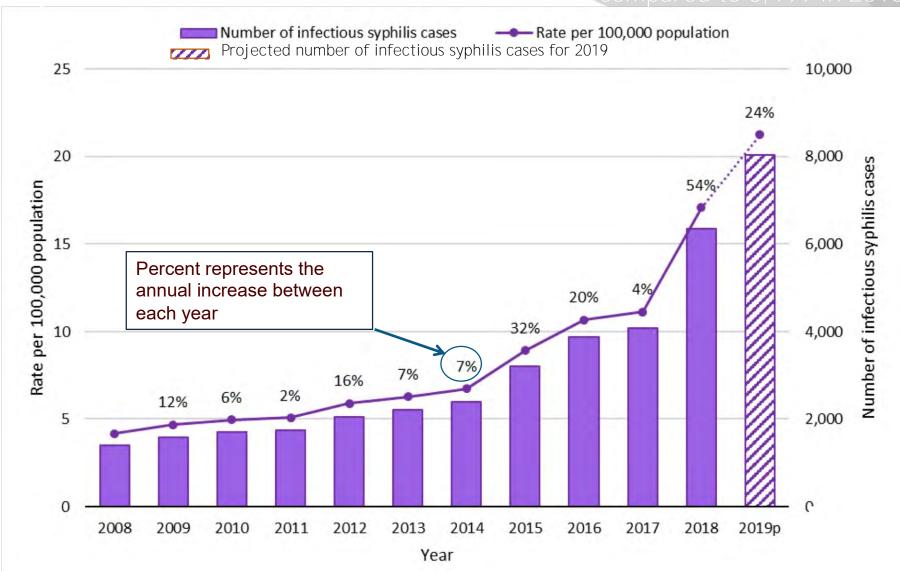
Singh et al CMAJ 2007

Between 1996 and 2006, Alberta also experienced a rise in infectious syphilis cases from 0 in 1996 to 6.5 per 100,000 in 2006

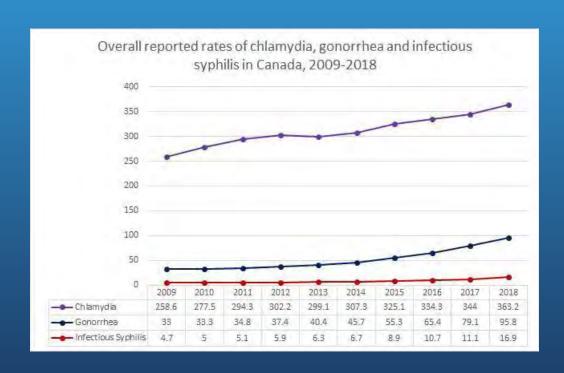
# Reported rates of infectious syphilis in Canada, 1999-2018

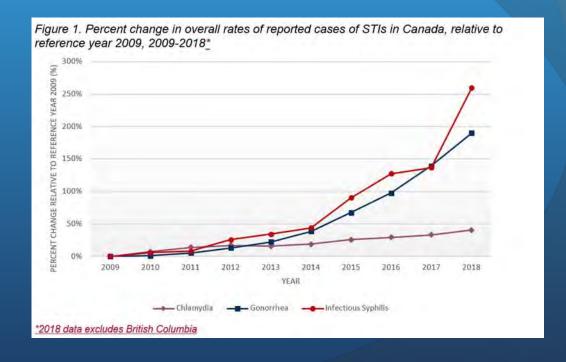


bas increased significantly in the past (compared to 3,199 in 2015)

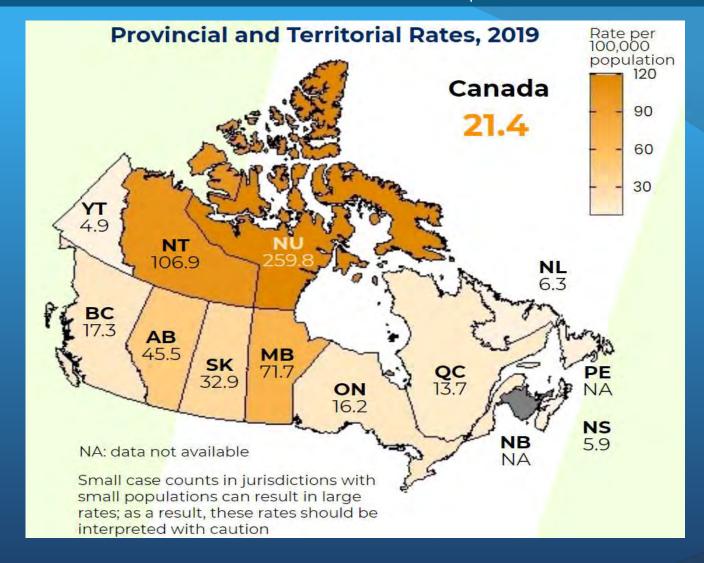


# Chlamydia remains the most common notifiable disease in Canada but rates of syphilis have increased more than chlamydia or gonorrhea

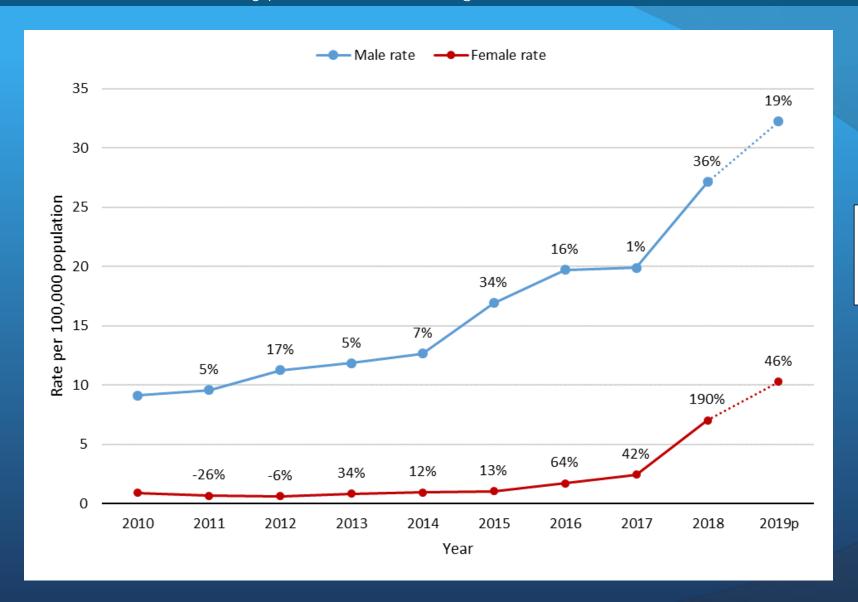




#### In 2019, the highest rates were seen in the Prairie provinces, NWT and Nunavut

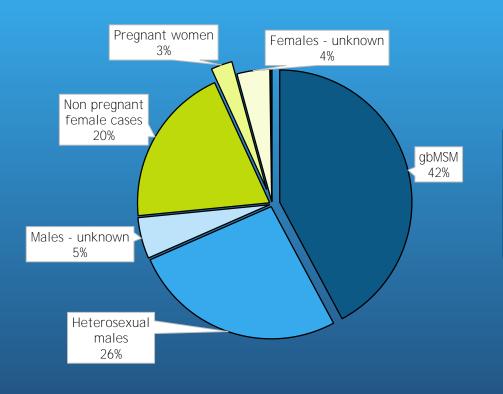


#### Male rates of infectious syphilis remain higher but female rates are increasing faster



In 2019, male cases represented 76% of all cases (compared to 94% in 2015)

#### Proportion of infectious syphilis cases by subpopulation, Canada 2019



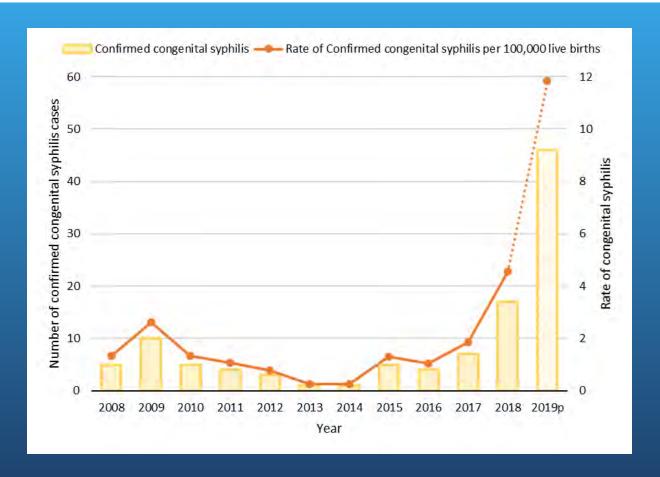
BUT differences in subpopulations by region of country

\*2019 data are preliminary

Subpopulation data include data from all provinces and territories with the exception of Quebec, PEI and Nunavut ‡gbMSM: Gay, bisexual and other men that have sex with men

# In 2018, 17 confirmed cases of early congenital syphilis were observed For 2019, 45 confirmed cases were reported

There were at least 130 infectious syphilis cases in pregnant women in 2019



There was an additional **25 probable** congenital syphilis cases reported in 2019\*

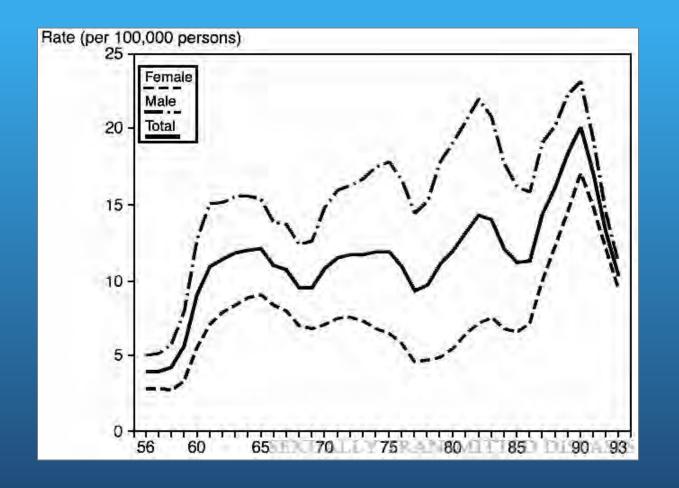
\*AB, SK, MB and QC have probable congenital syphilis case definitions

## Question 2

Which of the following is <u>not likely</u> to be an explanation for the observed rise in syphilis cases?

- A) Syphilis outbreaks cycle and so it does not matter what we do, they will come and go
- B) We have a better screening test for syphilis
- C) Canadians are having more (condomless) sex
- D) None of the above

#### Rates of primary and secondary syphilis by gender, United States, 1956-1993.



Epidemiology of Syphilis in the United States, 1941-1993

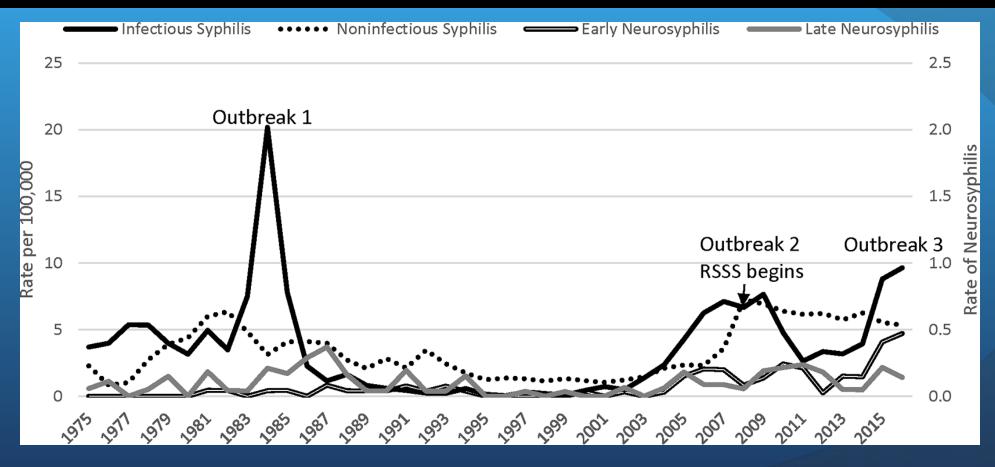
NAKASHIMA, ALLYN K.; ROLFS, ROBERT T.; FLOCK, MELINDA L.; KILMARX, PETER; GREENSPAN, JOEL R.

Sexually Transmitted Diseases23(1):16-23, January-February 1996.



Rate per 100 000 population of syphilis by type and diagnosis year (Alberta, Canada, 1975-2016). RSSS, Reverse

sequence syphilis screening.



Why are we seeing a resurgence of syphilis everywhere?

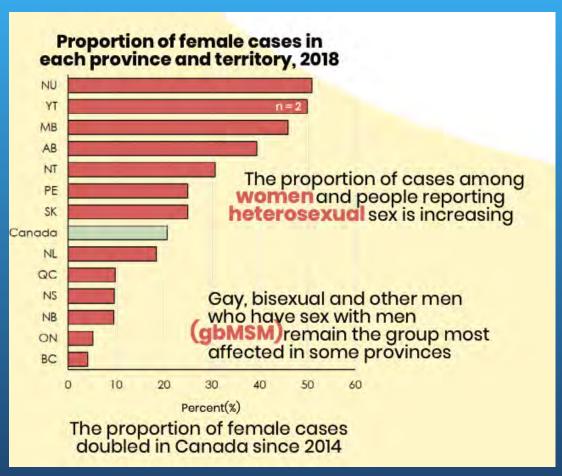
"Although syphilis does not discriminate based on age, race, ethnicity or sexual orientation, certain behaviours increase a person's risk of infection."

# Case # 1: Phillip

- 28 year old male on HIV PrEP
- Reports sex with males only since age 16
- 4 week history of single genital ulcer (painful)
- ~10 male sexual partners in the last 6 months; uses Grindr, Squirt
- Uses condoms about 20% of the time for receptive and insertive anal sex; no condoms for oral sex
- No substance use



# Significant geographic variation in infectious syphilis among gbMSM in Canada



https://www.canada.ca/content/dam/phac-aspc/documents/services/reports-publications/canada-communicable-disease-report-ccdr/monthly-issue/2019-45/issue-11-november-7-2019/ccdrv45i11-eng.pdf

# Possible explanations for rise in infectious syphilis among gbMSM

- U=U [HIV infected persons with an undetectable viral load cannot transmit to others] (Rodger, Jama 2016)
- HIV pre-exposure prophylaxis (PrEP) (Grant, NEJM, 2010)
- The availability of mobile dating apps which make it easier to arrange sexual partners (Tsai, Arch Sex Behav, 2019; Wang BMC Public Health, 2018)

Resultant increase in the number of sex partners, condomless sex, and the resurgence of STIs, including syphilis (Traeger, JAMA, 2019).

# What about heterosexual persons?

Intersecting epidemics among gbMSM and heterosexual persons but predominance by population varies geographically in Canada

# Case # 2

- 25 year old woman
- Comes into hospital in labour.
- An urgent cesarean section is required.
- Infant has physical abnormalities:





## Case # 2 cont'

 Mother and infant are then tested for syphilis and both found to be positive.

#### Mother:

• Indigenous, unstable housing - was staying at a women's' shelter prior to coming in, injects meth/"down", no prenatal care

 Had genital rash for 1 month - was told that this was a "rash" from the women's' shelter

## Question 3

What is the risk of transmission of primary syphilis from a pregnant woman to her unborn child?

- A. 5%
- B. 25%
- C. 50%
- D. 100%

# Impact of congenital syphilis



Risk of transmission of syphilis in pregnancy(Kassowitz's law):

- 70-100% with primary
- 40% with early latent syphilis
- Transmission can occur as early as 9 weeks but risk of transmission increases with increasing gestational age - highest risk in last 4 weeks of pregnancy
- Adverse pregnancy outcome: spontaneous abortion, still birth, premature delivery or perinatal death
- Adverse outcome in neonate: ranges from asymptomatic to multi-organ system involvement

# Congenital syphilis: just the tip of the iceberg

UNSTABLE HOUSING



MENTAL HEALTH ISSUES

#### **GEOGRAPHY**

RURAL AND REMOTE RESIDENCE PRAIRIE PROVINCES

#### **STIGMA**

HISTORICAL TRAUMA
DISCRIMINATION IN HEALTH CARE

# ACCESS TO AND USE OF PRENATAL CARE

**INADEQUATE OR NONE** 

#### **SOCIOECONOMIC STATUS**

LOWER INCOME.

#### **SUBSTANCE USE**

ALCOHOL, TOBACCO, METHAPHETAMINES

https://www.canada.ca/content/dam/phac-aspc/documents/services/reports-publications/canada-communicable-disease-report-ccdr/monthly-issue/2020-46/issue-10-oct-1-2020/ccdrv46i10a09b-eng.pdf

### Intersection between drug use and syphilis

**Syphilis** 

Drug use especially meth associated with multiple or concurrent sexual patners, inconsistent condom use and exchanging sex for drugs or money



Stimulant drugs (meth, cocaine)

A significant proportion of syphilis cases occurring in heterosexual persons is due to engaging in illicit drug use

Kidd, 2019 CDC, 2006 Zule, 2007 Flom, 2001



#### Prevalence of meth use in Canada: Health Care

- Prairie provinces & BC seem to be hit the hardest
- In Alberta:
  - 168% ↑ in ED visits related to methamphetamine use
  - Number of individuals using has more than doubled

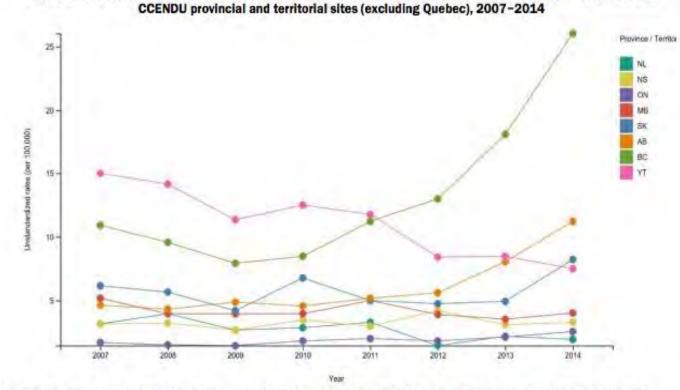
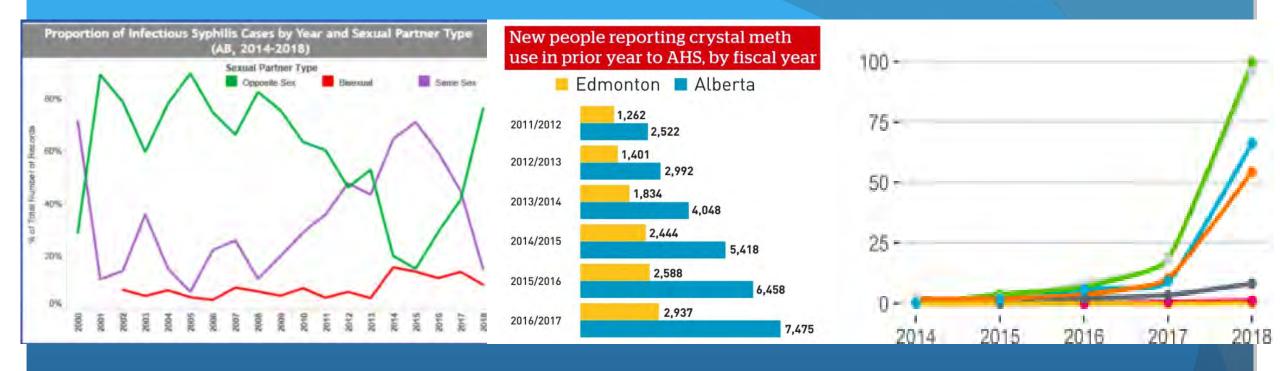


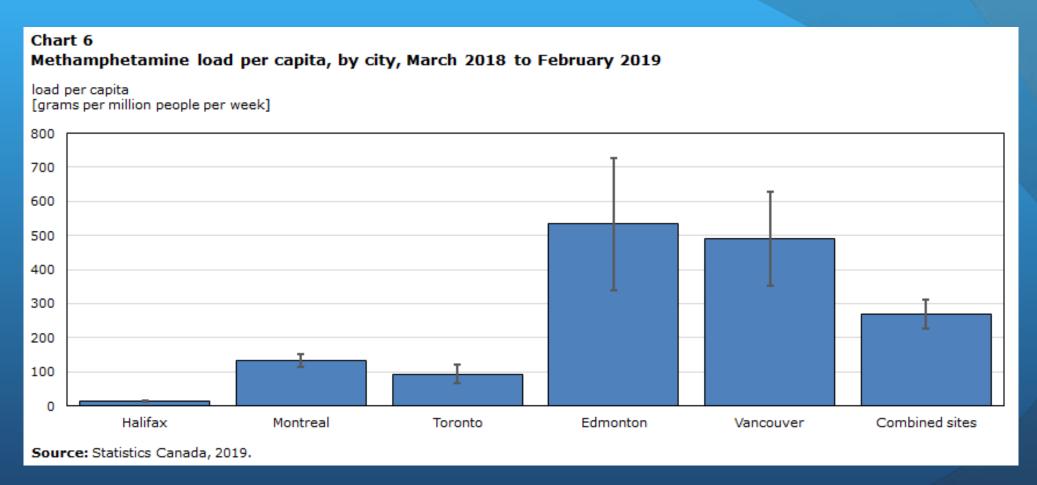
Figure 3: Rate of inpatient hospitalizations attributable to CNS stimulants (excluding cocaine) among reporting

**Source:** Canadian Substance Use Costs and Harms Scientific Working Group. (2019). Canadian substance use costs and harms data visualization tool, 1.0.0. (Prepared by the Canadian Institute for Substance Use Research and the Canadian Centre on Substance Use and Addiction.) Ottawa, Ont.: Canadian Centre on Substance Use and Addiction.



## Syphilis and meth use rates in Edmonton

### Prevalence of meth in wastewater in Canada



### Syphilis in Alberta... in July 2019

Syphilis has skyrocketed across Alberta – except in Calgary – and officials are trying to figure out why

CANADA

## Syphilis outbreak declared in Alberta amid 'rapid increase' in cases



Worst since 1948: Edmonton the epicentre of syphilis outbreak declared in Alberta

### Congenital Syphilis in Alberta

90 infants diagnosed with congenital syphilis since 2015.

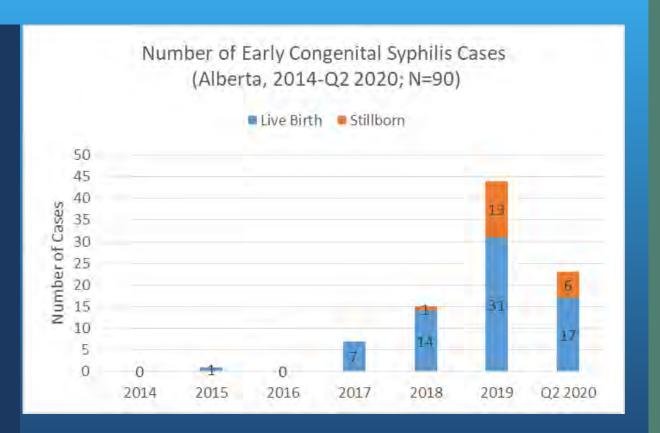
2019: 45 cases (88 per 100,000 live births)

2020: 30 cases (59 per 100,000)

20 cases resulted in infant deaths.

#### The expected number of cases is zero.

- Many infections were acquired/diagnosed late in pregnancy.
- Many social and health challenges for mothers (e.g. substance use, violence, corrections, instable housing, mental illness



# So what are some possible solutions?

# Good and timely surveillance is critical to guide interventions

Issue	Reason this is a challenge
Limited availability of quality and timely national data on syphilis	13 provinces and territories (P/Ts) collecting data in different ways
Information on ethnicity not available from all P/Ts	Prevention and control cannot be targeted in a culturally appropriate way
Information not (always) available on sexual orientation	Prevention and control cannot be targeted in an appropriate way

### Prevention

- No vaccine available for syphilis
- SECONDARY PREVENTION

The 29th Annual Canadian Conference on HIV/AIDS Research Le 29e Congrès annuel canadien de recherche sur le VIH/sida

Requested Presentation: Oral | Track: Clinical Sciences | Subject: STDs (Chlamydia, gonorrhea, syphilis)

Preliminary results of the Dual Daily HIV and Syphilis Pre-Exposure Prophylaxis (DuDHS) Trial.

Tessa Lawson Tattersall1, Saira Mohammed2, Joshua Edward1, Aidan Ablona1, Mark Hull2, Troy Grennan1, 3
1. Clinical Prevention Services, BC Centre for Disease Control, Vancouver, BC, Canada, 2. BC Centre for Excellence in HIV/AIDS, Vancouver, BC, Canada, 3. Department of Infectious Diseases, University of British Columbia, Vancouver, BC, Canada

Abstract

- Use of doxycycline in addition to HIV PrEP in MSM
- Preliminary results show that doxycycline prophylaxis decreased incidence of syphilis and chlamydia but increased incidence of gastrointestinal side effects (mild)

# Need to heighten awareness of providers

Practitioners should maintain a high index of suspicion and a low threshold for syphilis screening for syphilis, e.g. among those at risk

# Improved education and access to testing of those at risk of acquiring infection

#### Some examples from Alberta:

- Opt-out STBBI testing in provincial corrections, evening STI clinics and outreach and incentive testing.
- Expansion of role of community based organizations whose primary role was to support persons living with HIV to include other sexually transmitted and blood borne infections

# Dedicated and sustained resources for STI programs

#### Some challenges with the COVID-19 pandemic:

- Staff deployed or have voluntarily moved to support pandemic activities
- Fewer patient visits and therefore less STI screening being done
- Global shortage of APTIMA test kits for gonorrhea and chlamydia(test kits being use for COVID-19 testing)

# Addressing the social determinants of health (SDH)

### Health effects of intergenerational trauma

- Increased suicide attempts and poor mental health status
- Decline in social cohesion
- Affects parenting and attachment styles

- Increase in addictions
- Children may experience greater abuse, neglect and household dysfunction which increases depressive symptoms

Bombay A, 2014; Reading JL, 2007; Bombay, 2007

# Socioeconomic inequalities in health among Indigenous people in Canada

 The prevalence of poor/fair health status among indigenous people living off reserve increased from 18% in 2001 to 22 in 2012

 Besides income itself, occupational status and educational attainment most important factors

# Addressing the social determinants of health (SDH) - just highlighting a few things

Access to stable housing and income supports

- Using a harm reduction approach to address the intersection of mental health, addictions and STIs including syphilis
  - Example: pregnant women, congenital syphilis and addictions

#### PRACTICE

#### PUBLIC HEALTH

#### Resurgence of early congenital syphilis in Alberta

n Alberta, the first case of congenital syphilis in over 10 years was reported in 2002. This was after a resurgence in the province in 2000 of locally acquired infectious syphilis, in many cases affecting people who reported casual or anonymous sexual partnering.

has involved mostly heterosexual people, but in the south, it affects mainly men who have sex with men.

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Singh et al CMAJ 2007

- Between 1996 and 2006, Alberta also experienced a rise in infectious syphilis cases from 0 in 1996 to 6.5 per 100,000 in 2006
- Many individuals street involved, not accessing care in traditional health venues
- From 2005-6:
  - 9 babies born with congenital syphilis
    - 6/9 born to First Nations women
    - 4/9 did not access prenatal care
    - 4/9 mother tested negative for syphilis in early pregnant but acquired the infection near term

# Heart of the Streets

By Dennis Hryciuk | PHOTOGRAPHY BY 3Ten

McCauley area means confronting his or her ailments into words. issues like homelessness, substance abuse, prostitution, crime and poverty.

dmonton's inner city is an area that identification get the appropriate documents; many of us read about, but never ven- or trying to find out what might be medically ture into. A walk through the Boyle wrong with someone who has trouble putting

"It's never the same," says Yellowknee. "The diversity is rewarding. Every day is different Yet it's an area that health workers Tracy Par- because of the range of clientele." Despite workMost people avoid Edmonton's inner city. But for these health workers, the streets are ripe with opportunities to help others



Your Health, 2008



Photo taken by Ken Armstrong

Every year in Edmonton, approximately 100 women are pregnant while experiencing homelessness, mental health and addictions issues

# Reasons for pregnant women with syphilis not accessing prenatal care

- Fear of having Children's Services become involved and losing custody of the child (major reason).
- Extreme guilt about where they are and what they are doing
- Fear of stopping drug use, as it has been how they have coped with current and past abuses and stress
- Being homeless other survival priorities take precedent (food, clothing, shelter), and other barriers exist (transportation, communication)
- Previous negative experience with a health care provider
- Lack of knowledge about pregnancy issues and the importance of prenatal care

# Evolution of programming in Alberta for pregnant women with unstable housing and substance use disorder

- 2009: Outreach program through needle exchange program (Women in the Shadows)
- 2011: H.E.R (Healthy Empowered Resilient) Program established (https://www.catie.ca/en/pc/program/her?tab=learned)



Pregnancy

Housing Intervention for Pregnant or Early Parenting Women who are Precariously Housed.

- 2018: Pregnancy Pathways pilot only housing program in the City of Edmonton offering a harm reduction approach to pregnant women who use substances
  - ~ 2/3 self identify as indigenous

"the program provided a sense of safety, that the staff provided meaningful supports other than housing, and it addressed some of their needs for social interactions. Operating from a harm reduction model was seen by the women as beneficial and allowed them to feel supported"

# Non traditional ways of reaching at risk populations

# Get Checked Online [BC Centre for Disease Control]

Convenience and control: Online sexually transmitted infection testing offers many benefits

February 20, 2019



Online sexually transmitted infection (STI) testing removes some of the barriers that prevent people from getting tested while still providing key information about health and wellness, according to users.

Researchers with the BC Centre for Disease Control (BCCDC) and University of British Columbia (UBC) published three studies evaluating the user experience of a free and confidential online testing called <a href="Methodsecond-BetCheckedOnline">GetCheckedOnline</a>, during the first few years of its operation.

http://www.bccdc.ca/about/news-stories/news-releases/2019/convenience-and-control-online-sexually-transmitted-infection-testing-offers-many-benefits

# Use of point of care tests (POCT) for syphilis

- No Health Canada approved POCT for syphilis in Canada
- POCT for syphilis available in many other parts of the world

# CIHR funded study (STAR study) in Nunavutland Nunavik to assess the use of a dual syphilis test

Project title:	Stopping Syphilis Transmission in Arctic communities through Rapid Diagnostic Testing (STAR study)
Principal investigator(s):	Yansouni, Cedric P
Co-investigator(s):	Goldfarb, David M; Maheu-Giroux, Mathieu; Morin, Veronique; Serhir, Bouchra; Singh, Ameeta E; Wong, Thomas

One of the biggest challenges in these communities: long turn around for test results (7-21 days)

https://webapps.cihr-irsc.gc.ca/decisions/p/project\_details.html?applId=388947&lang=en

# Point of care tests for Syphilis and HIV (PoSH) study in Edmonton and Northern Alberta

#### Evaluating 2 POCT:

- Both provide test results for syphilis and HIV within 5 minutes
- Both Canadian companies

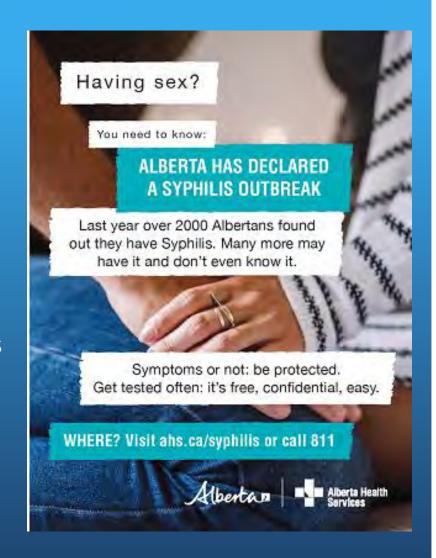


- Edmonton Remand Centre, Edmonton STI clinic, 2 inner city emergency departments and 2 First Nations Communities
- Study size: 1500 participants

## Alberta Syphilis Response

#### Activities include:

- Awareness: multiple presentations to healthcare providers, community visits, multiple media campaigns
- Access to Testing and Treatment: implemented implemented opt-out STBBI testing in corrections, expanded evening clinics and outreach, incentive testing.
- Collaboration: Test and Treat guidelines, Strategic Clinical Networks, zone public health engagement, community partners, First Nations Inuit Health, Alberta Health.



### Question 1

Which of the following STIs has the *highest* reported incidence in Canada:

- A. Chlamydia
- B. Gonorrhea
- C. Genital herpes
- D. Genital warts
- E. Syphilis

### Question 2

Which of the following is <u>not likely</u> to be an explanation for the observed rise in syphilis cases?

- A) Syphilis outbreaks cycle and so it does not matter what we do, they will come and go
- B) We have a better screening test for syphilis
- C) Canadians are having more (condomless) sex
- D) None of the above

### Question 3

What is the risk of transmission of primary syphilis from a pregnant woman to her unborn child?

A. 5%

B. 25%

C. 50%

D. 100%

The risk of transmission of syphilis depends on the gestational age and syphilis stage; if the pregnant woman acquires syphilis in the last 4 weeks of pregnancy, the risk of transmission is 70-100%

### Conclusions

- Syphilis is back with a vengeance in Canada
- Prevention and control of syphilis will require multi-sectoral involvement and the involvement of communities/subpopulations affected by syphilis in the greater context of health and wellness

### Acknowledgments

- Kristina Tomas, PHAC for providing me with epi slides
- Dr. Milan Raval, Infectious diseases subspeciality resident, University of Alberta for meth slides and pics
- Jennifer Gratrix and Carl Egan, Alberta Health services for Alberta slides
- Dr. Troy Grennan and Tessa Lawson Tattersall from BCCDC for information on Dual Daily HIV and Syphilis Pre-Exposure Prophylaxis (DuDHS) Trial

### Questions??



https://www.gethealthystayhealthy.com/articles/syphilis-on-the-rise