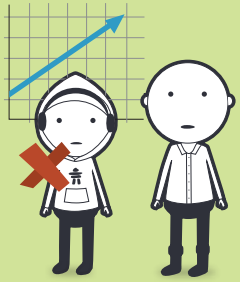
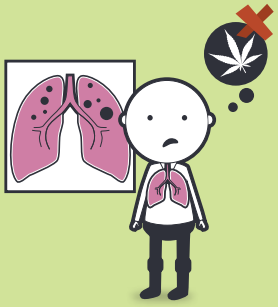
ᖃᓄᖅ ᒥᑭᑦᓕᑎᕆᒍᓐᓇᖅᑯᖓ ᐃᓚᖏᓐᓂᒃ ᐊᑦᑕᖃᐃᓐᓇᕆᐊᓖᑦ ᓱᖃᓇᖅᑐᑐᖃᑦᑕᖃᓂᖅᒧᖓᓯᑦ?

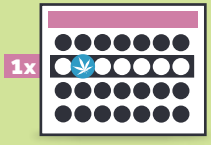
ᐱᐅᓂᖅᐸᐅᕗᖅ ᓴᐳᑎᓯᒪᓂᖅ ᐊᑦᑕᖃᐃᓐᓇᕆᐊᓕᓐᓂᒃ ᓱᖃᓇᖅᑐᑐᖃᑦᑕᖃᓂᖅᒧᑦ ᐱᖃᑦᑕᖏᑦᓯᐊᒻᒪᕆᓐᓂᒃ. ᓱᖃᓇᖅᑐᑐᖃᑦᑕᖃᓂᐊᕈᕕᑦ, ᐅᑯᐊ ᐊᑦᑕᖃᓇᖅᑐᒦᖏᑉᐹᑦᓕᕈᑎᒋᒍᓐᓇᖅᑕᑎᑦ.



- ᐊᖁᒍᖃᕈᕕᑦ ᐊᑖᓂ 25, ᐊᑐᖏᓯᐊᒻᒪᕆᓪᓗᑎᑦ ᓱᖃᓇᖅᑐᓂᒃ ᐊᑯᓐᖅᑐᒧᖓᓯᒥᒃ ᐊᑦᑐᐃᓂᖃᕈᓐᓇᖅᒪᑦ ᖃᕆᑕᖅᓂᒃ.

- ᖃᓂᖅᑎᑎᕈᑎᒥᒃ ᐊᑐᖅᓂᖅ ᐳᕙᓐᓄᑦ ᓱᖅᑭᑉᐹᓪᓕᒍᑕᐅᑐᐃᓐᓇᕆᐊᓕᒃ ᓱᐅᖅᑐᖃᑦᑕᖅᓂᖅᒧᑦ ᓱᖃᓇᖅᑐᓂᒃ. ᐱᐅᓂᖅᐸᐅᕗᖅ ᑲᑐᓯᐅᑎᖏᓪᓗᒍ ᓱᖃᓇᖅᑐᖅ ᑐᐹᕈᒧᑦ.

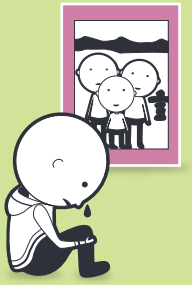




- ᓱᖃᓇᖅᑐᑐᖃᑦᑕᖅᓂᐊᕈᕕᑦ, ᐱᐅᓂᖅᐸᐅᕗᖅ ᐱᓇᓱᐊᕈᓯᖅᒥ ᐊᑕᐅᓯᐊᖃᑦᑕᕈᕕᑦ. ᐊᑦᑕᓇᖏᓂᖅᐹᖅ ᐊᑐᖏᓯᐊᒻᒪᕆᓪᓗᕆᑦ ᓱᖃᓇᖅᑐᑦ ᖁᑦᓯᑦᑐᒥᒃ ᓱᖃᓇᖅᑐᓖᑦ.

- ᓱᖃᓇᖅᑐᑐᖃᑦᑕᖅᓂᖅ ᓇᔾᔨᓗᓂ ᐊᒫᒪᑎᑦᓯᓗᓂᓘᓐᓃᑦ ᐱᐊᖁᖅᒥᒃ ᐋᓐᓂᕈᑕᐅᑐᐃᓐᓇᕆᐊᓕᒃ ᐱᕈᖅᐸᓪᓕᐊᔪᒧᑦ ᐱᐊᖁᖅᒧᑦ. ᐱᐅᓂᖅᐸᐅᕗᖅ ᓱᖃᓇᖅᑐᑦᑕᐃᓕᓂᖅ ᑕᒪᓐᓇᐅᑎᓪᓗᒍ.

- ᐱᐅᓂᖅᐸᐅᕗᖅ ᓱᖃᓇᖅᑐᑐᖃᑦᑕᖏᓐᓂᖅ ᓱᐃᓛᖅᑭᓇᖅᑐᓂᒃ ᐋᓐᓂᐊᕕᒻᒥᔭᓂᓪᓘᓐᓃᑦ ᐃᔭᒐᖅᑐᕈᕕᑦ, ᐱᖃᓯᐅᑎᑦᓱᓂ ᐃᒥᐊᓗᒃ.



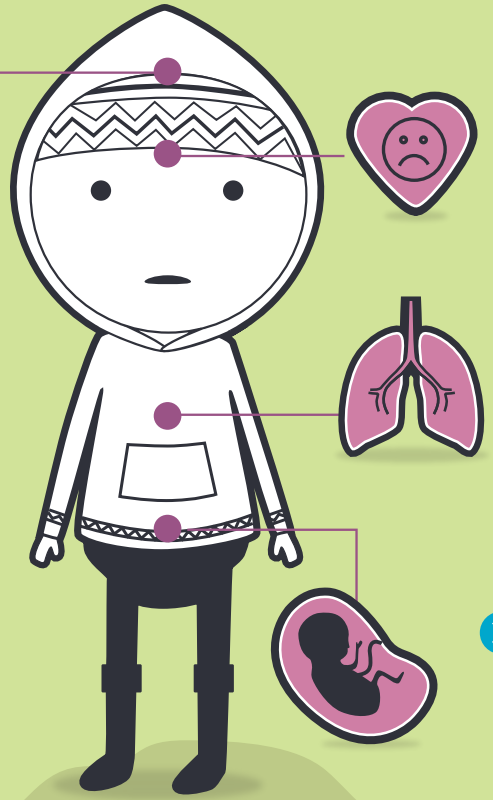
- ᐱᐅᓂᖅᐸᐅᕗᖅ ᓱᖃᓇᖅᑐᑐᖃᑦᑕᖏᓐᓂᖅ ᐃᓱᒪᒃᑯᑦ ᐋᓐᓂᐊᖃᕈᕕᑦ ᓇᒻᒥᓂᑎᓪᓘᓐᓃᑦ ᐋᓐᓂᐊᖃᖅᓯᒪᐸᑉᑕ ᐅᕙᓗ ᓱᖃᓇᖅᑐᓂᒃ ᐱᓇᐃᓗᑕᖃᖃᑦᑕᖅᓯᒪᒍᑦᓯ.

- ᓱᖃᓇᖅᑐᑐᓚᐅᖅᓗᑎᑦ, ᐅᑕᖅᑭᖁᔭᐅᕗᑎᑦ ᐃᑲᖅᓱᓂᒃ 6–ᓂᒃ ᐅᖓᑖᓄᓪᓘᓐᓃᑦ ᐊᖁᖏᓂᖅᓂ. ᐅᖓᑖᓅᕆᐊᓕᒃ ᓱᖃᓇᖅᑐᖅ ᐃᔭᐅᓐᓂᖅᐸᑦ ᐃᒥᖅᑕᐅᓂᖅᐸᓪᓘᓐᓃᑦ.

THC ᑕᐃᔭᐅᔾᔪᓯᖃᖅᑐᖅ delta-9-tetrahydricannabidol. THC ᐃᓗᓕᓪᓗᐊᑕᕆᔭᖅ "ᓱᖃᓂᖅᒧᑦ" ᐅᕙᓗ ᐃᓱᒪᒥᒃ ᐊᑦᑐᐃᓂᖏᓐᓂᒃ ᓱᖃᓇᖅᑐᐃᑦ.

ᑮᑕᒃᑲᐃᓐᓈᖅᑐᑦ ᐊᑯᓃᖅᑐᓪᓗ ᐊᑦᑐᖅᑕᐅᓂᐅᔪᑦ ᓱᕋᓇᖅᑐᓄᑦ ᐅᑯᓇᙱᑦ ᐱᖃᓯᐅᑎᑐᐃᓐᓇᕆᐊᓖᑦ:

ᖃᐅᑕᒫᑦ ᖃᐅᑕᒫᒐᓚᓪᓘᓐᓃᑦ ᓱᕋᓇᖅᑐᑐᖃᑦᑕᕐᓂᖅ ᐊᓯᔾᔨᒍᓐᓇᖅᑐᖅ ᐃᓄᑉ ᐱᑭᖅᐸᓪᓕᐊᔪᖅ ᐃᓱᒪᙱᓂᒃ ᐃᖅᑲᐅᒪᒍᓐᓇᐃᓪᓕᓗᓂ, ᐅᓚᕕᑕᐅᑎᐊᑭᓪᓗᓂ, ᐃᓕᓐᓂᐊᕐᓂᙱᓂᒃ ᐊᑦᑐᐃᓗᓂ ᐃᑉᐱᓐᓂᐊᔭᙱᓐᓂᓪᓗ.



ᐊᑯᓃᖅᑐᒧᑦ ᐊᑦᑐᐃᓂᕆᔭᙱᑦ ᐊᑐᓕᐅᒥᔾᔪᕐᓂᐅᑉ ᓱᕋᓇᖅᑐᓂᒃ ᐱᖃᓯᐅᔾᔨᑐᐃᓐᓇᕆᐊᓕᒃ ᐊᑦᑕᓇᖅᑐᒦᓐᓂᕐᒧᑦ ᐃᓱᒪᒃᑯᑦ ᐋᓐᓂᐊᓕᕐᓂᕐᒧᑦ, ᐱᓗᐊᖅᑐᒥᒃ ᓂᐊᕐᑯᕐᒥᐅᑕᖃᕐᓂᖅ. ᐊᑯᓃᖅᑐᒥᒃ ᐊᑐᖃᑦᑕᕐᓂᖅ ᓄᖅᑲᕈᓐᓇᐃᓪᓕᒍᑕᐅᒍᓐᓇᕐᒥᔪᖅ ᐱᔭᐅᙱᓐᓇᕈᒪᓕᕐᓗᓂᓗ.

ᖃᐅᑕᒫᑦ ᖃᐅᑕᒫᒐᓚᓪᓘᓐᓃᑦ ᓱᕋᓇᖅᑐᑐᖃᑦᑕᕐᓂᖅ ᐅᔾᔨᖅᑐᕈᓐᓇᐃᓪᓕᒍᑕᐅᒍᓐᓇᖅᑐᖅ, ᐃᓱᒪᕐᓴᖅᓯᐅᑦᓯᐊᕈᑕᐅᒍᓐᓇᐃᓪᓗᓂ, ᖃᓄᖅᑑᕈᑕᐅᑎᐊᓕᓐᓂᒃ ᑲᒪᒍᓐᓇᐃᓪᓕᓗᓂ.

ᐊᓂᖅᑎᓇᓂᒃᑯᑦ ᐊᑲᐃᓪᓕᕈᑕᐅᒍᓐᓇᖅᑐᑦ ᐱᓕᐅᒥᑎᕐᓯᓗᑎᓪᓘᓐᓃᑦ ᓱᕋᓇᖅᑐᑐᖃᑦᑕᕐᓂᖅ ᓱᐳᖅᑐᖅᓱᑭᑦ ᕐᑯᐃᖅᑐᖃᑦᑕᕐᓗᓂ, ᐸᐅᔾᔨᓗᓂ ᐃᐱᓂᐊᕐᓗᓂᓗ.

ᓱᕋᓇᖅᑐᑐᖃᑦᑕᕐᓂᖅ ᓇᔾᔨᓗᓂ ᐊᒫᒪᑦᑎᕐᓯᓗᓂᓘᓐᓃᑦ ᐋᓐᓂᕈᑕᐅᒍᓐᓇᖅᑐᖅ ᐱᐊᕋᕐᒧᑦ ᐊᑯᓃᖅᑐᒥᓪᓗ ᐊᑦᑐᖅᑕᐅᓂᖃᕈᓐᓇᖅᓱᓂ ᐱᐅᓯᙱ ᐃᓕᓐᓂᐊᕈᓐᓇᕐᓂᙱᓗ.

ᓱᕋᓇᖅᑐᒧᑦ ᐊᑦᑐᐊᔪᑦ ᖃᓂᒻᒪᓲᑦ ᐱᓕᐅᒥᑎᑕᐅᒍᓐᓇᖅᑐᑦ ᐃᒫᒃ:

- ᓱᕋᓇᖅᑐᑐᖃᑦᑕᕐᓂᖅ ᐅᑭᐅᑭᓐᓂᖅᓴᐅᑦᓱᓂ.
- ᓱᕋᓇᖅᑐᑐᓕᐅᒥᔾᔪᙱᓐᓇᕐᓂᖅ (ᖃᐅᑕᒫᑦ ᖃᐅᑕᒫᒐᓚᓪᓘᓐᓃᑦ)
- ᓱᕋᓇᖅᑐᑐᖃᑦᑕᕐᓂᖅ ᐊᙱᓈᖅᑐᓂᒃ ᓴᙱᓂᖅᓴᓂᓪᓘᓐᓃᑦ.

ᐱᕙᓪᓕᐊᑎᑕᐅᓯᒪᔪᑦ ᐃᑲᔪᖅᑕᐅᖅᓱᑎᒃ ᑲᓇᑕᒥ ᑐᑦᑕᕐᕕᒻᒧᑦ ᓱᓇᑐᓂᕐᓗᖃᑦᑕᕐᓂᕐᒧᑦ ᐅᐃᓇᓱᒪᓂᕐᒧᓪᓗ 2018