

December 10, 2025

The Right Honourable Mark Carney, P.C., MP, Prime Minister  
The Honourable Marjorie Michel, P.C., MP, Minister of Health  
House of Commons  
Ottawa, Ontario, Canada K1A 0A6  
Sent by email to: [pm@pm.gc.ca](mailto:pm@pm.gc.ca); [hcminister.ministresc@hc-sc.gc.ca](mailto:hcminister.ministresc@hc-sc.gc.ca)

**Subject: Timely Implementation of Front-of-Package Nutrition Labelling Regulations**

Dear Prime Minister Carney and Minister Michel,

We, the undersigned health organizations and health professional associations, write to convey our strong support for the anticipated implementation of the front-of-pack nutrition labelling regulations set for January 1, 2026. We applaud the government's leadership in advancing this long-awaited public health measure and encourage you to proceed confidently with its implementation regardless of any potential last-minute delay tactics from the packaged food industry.

In Canada, the packaged food industry was given three and half years to prepare for these changes. This is far more than the one to two years that has typically been provided to industry to prepare for nutrition labelling updates in other jurisdictions such as Mexico, Chile, and the United States. This is also ample time for companies to make changes to packaging and to reformulate their products if they want to avoid a label. The good news is that many companies in Canada have already begun implementing the new labelling, well in advance of the January 1, 2026, deadline

Canada's adoption of evidence-based front-of-package nutrition labelling regulations reflects a strong commitment to protecting the health of its citizens, recognizing that public health is essential for maintaining a productive and resilient workforce and economy. This initiative not only aligns Canada with global health recommendations to reduce diet-related chronic diseases but also positions our country among other nations in implementing best practices in public health.

Together, we urge your government to maintain its well-considered course and implement the front-of-pack nutrition labelling regulations as planned by January 1, 2026. Your decisive action will ensure people in Canada have the tools to make healthier choices and live healthier lives, ultimately reducing healthcare costs and improving productivity.

Respectfully,

Dr Stuart Edmonds, EVP Mission, Research  
and Advocacy



Canadian  
Cancer  
Society

Société  
canadienne  
du cancer

Dr. Margot Burnell, President

ASSOCIATION  
MÉDICALE  
CANADIENNE



CANADIAN  
MEDICAL  
ASSOCIATION

Ian Culbert, Executive Director



CANADIAN  
PUBLIC HEALTH  
ASSOCIATION

ASSOCIATION  
CANADIENNE DE  
SANTÉ PUBLIQUE

Laura Syron, CEO

DIABETES  
CANADA

DIABÈTE  
CANADA

John-Paul Cody Cox, CEO



**Dietitians of Canada**  
*Les diététistes du Canada*

Doug Roth, CEO



**Heart&Stroke**  
**Cœur+AVC**

CC:

Tim Krupa, Director of Policy, Prime Minister's Office

Yash Nanda, Policy Advisor, Prime Minister's Office

Sandenga Yeba, Director of Policy & Deputy Chief of Staff to the Minister of Health

Roy Karam, Senior Policy Advisor to the Minister of Health

Justine Frame, Special Assistant, Policy to the Minister of Health