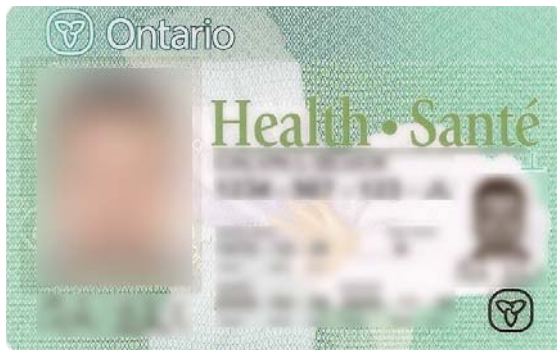


# Where to Get Health Care

## An OHIP Card



## With OHIP Card



## No OHIP Card



**Telehealth Ontario**  
**1-866-797-000**



**Community Health Centres**



**9-1-1**



## Where to get health care

- You need an OHIP card to get health care at a hospital or medical clinic.
  - If you do not have an OHIP card, you may get health care at a community health centre. Refer to the list of community health centres (in binder).
- For information on how to obtain an OHIP card, call 1-866-532-3161.
- For help in finding a family doctor, call Health Care Connect at 1-800-445-1822.
- Ask your settlement worker for information on low-cost prescriptions.
- To get free confidential multilingual health advice from a registered nurse 24 hours a day, call Telehealth Ontario at 1-866-797-0000.
- Call 9-1-1 only if a person's life is in danger. For all other health needs, see your family doctor or go to a community health centre. Refer to the list of important phone numbers (in binder).

For information on Ottawa Public Health programs, as well as other local health services, call 613-580-6744 Ext.28020 and ask for a translator if needed, or visit [www.ottawa.ca/health/](http://www.ottawa.ca/health/). (Hours of operation: Monday to Friday, 8.30 a.m. - 4.30 p.m. -- closed on weekends and public holidays).